



40th Annual Rite of Spring! Saturday, April 29th, 2017 2K: 6:00 PM Friday, April 28

Thank you to all who have already registered for this year's race - please spread the word!

There are less than 30 days until the 40th celebration of our Annual Rite of Spring.

March 30, 2017

Registration

Register before **April 1** to save \$5.00 before the final fee increase. To register, please [click here](#). The 2K fee remains the same.

Welcome First Time Participants!

At this point, we have over 1500 first time participants to the Get in Gear and looking forward to more before registration closes! Our first time participants receive all the course amenities as well as a \$20 off \$100 purchase at our partner running stores.

Have a great time and enjoy the start of a new tradition!

Share Your Experience With Child Hunger And Donate to Second Harvest Heartland

Do you have a story you are willing to share about your experience with hunger or child hunger? We would love to

World Soles Shoe Drive

We will have an on-site shoe drive both Friday and Saturday. World Soles recycles used athletic



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to giginfo@getingear.com.

In conjunction with Second Harvest Heartland, we will have an on-site Food Drive both Friday and Saturday.

Dick's Sporting Goods Bonus Bucks \$10 are given to all that donate non-perishable food items.

Prizes and Awards

The Get in Gear awards over \$6,000 in prize monies and performance incentives to registered USATF athletes in the 10K.

Did you know there are also special awards, such as every 500th finisher in the 10K official results receives a pair of New Balance 880 shoes in the form of certificate that can be redeemed at either [Run N Fun](#), [Marathon Sports](#) or [RunMN?](#)

There are age group awards in the 5K and Half Marathon, and other awards for specific achievements.

Read more about our awards under [Prize Monies, Bonuses and Special Awards](#) and check out the previous year's winners under [Results](#) on [our website](#).

We will be sending out future announcements with updated and current information about our 40th Annual Rite of Spring to registrants only.

Feel free to contact us with questions at giginfo@getingear.com for a timely response or call our office hotline at 651-528-8284; and if we can't answer, your call will be returned - we guarantee it!

Check out becoming a Get in Gear fan on [Facebook](#) as well as Get in Gear [Twitter](#) and [Instagram](#).

The Get in Gear Office
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economic outcomes in developing nations, reduce wastes, and support social causes of their partners through the collection of unwanted athletic shoes.

Dick's Sporting Goods Bonus Bucks \$10 are given to all that donate used running shoes or other gently used shoes.

Packet Pickup

Packet pickup is available at Minnehaha Park Pavilion (4801 Minnehaha Ave., Minneapolis, MN 55417 - [Google Maps](#)) Friday, April 28, from Noon - 8:00 p.m. Parking on Friday is free of charge.

Website

The [Get in Gear website](#) has all the information you need for a great race!